

RESPONDING POSITIVELY TO NEGATIVE SITUATIONS

Answer the following if you would like practice in applying the ideas discussed in this chapter and earlier in the book. This is the only way to learn to respond positively to the negative situations you may encounter at work. Check Free Stuff at <http://www.MarshaPetrieSue.com> for some suggested answers.

You can no longer deal with a fellow employee whom talks behind your back. What would you do?

I don't get along with my manager.

My manager doesn't like me.

My work environment has turned hostile and I have to tell someone what is going on.

